



2024 – 2025 Flu Season Summary

**Holly Ridge Town
Council Meeting**

August 13, 2025

2024 – 2025 Flu Season Summary

Presenter:

Krissy Hoover, Public Health Director



24 – 25 Flu Season Summary

Flu Season Facts

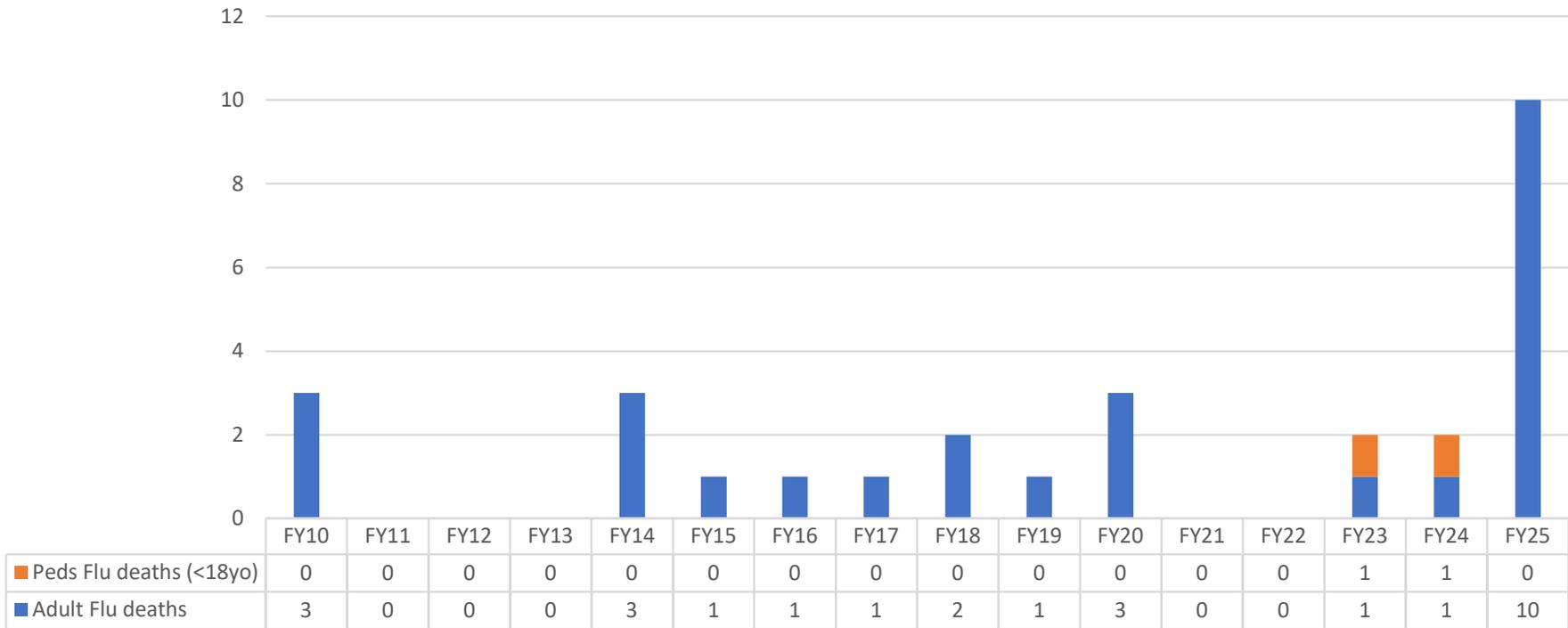
- Flu virus spread year round
- October – May is the traditional flu season
- Peaks generally occur December-February

Flu vaccine Facts

- Everyone 6 months and older in the United States, with rare exceptions, should get a flu vaccine every season
- Reduces the risk of illness, hospitalization & death
- Different vaccines are licensed for different groups, based on age or risk factors

Deadliest Flu Season on Record

Influenza Deaths



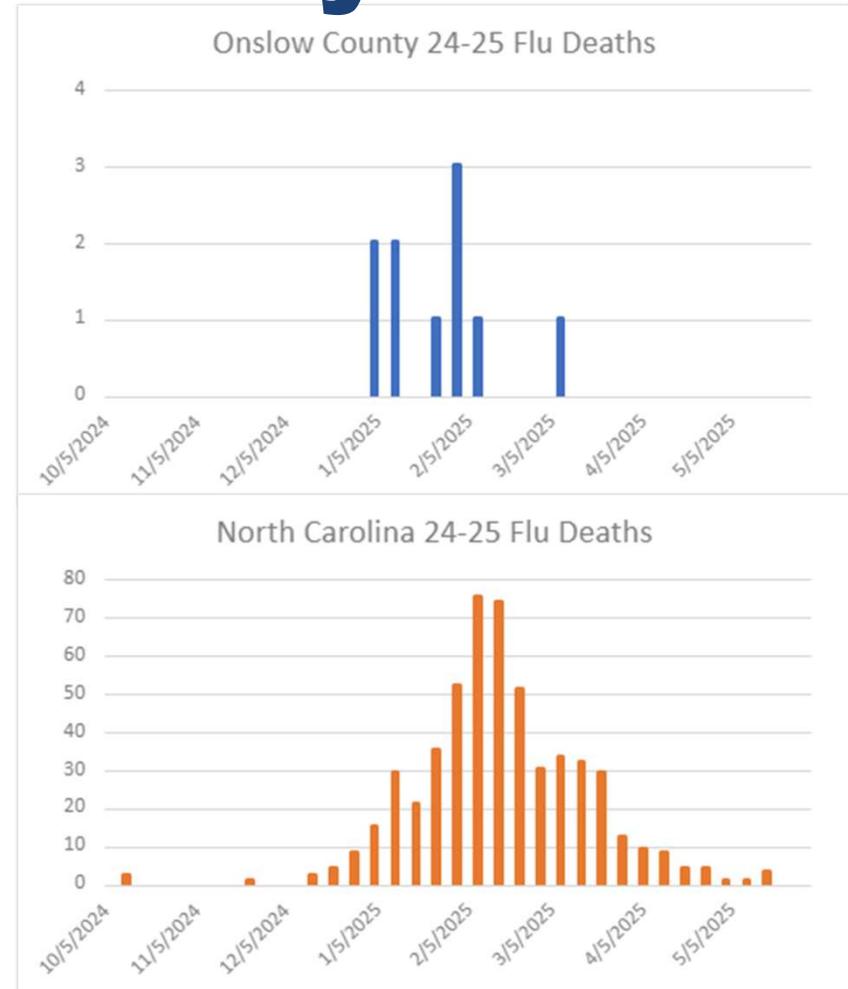
24 – 25 Flu Season Summary

Onslow County Deaths

- 0/10 vaccinated
- 10/10 over age 60
- 9/10 white
- 6/10 male 4/10 female

Onslow Co vs NC Season

- OC deaths peak was week of 2/1
- NC deaths peak was week of 2/8
- $10/535 = 1.87\%$ of NC deaths*^(5/28)

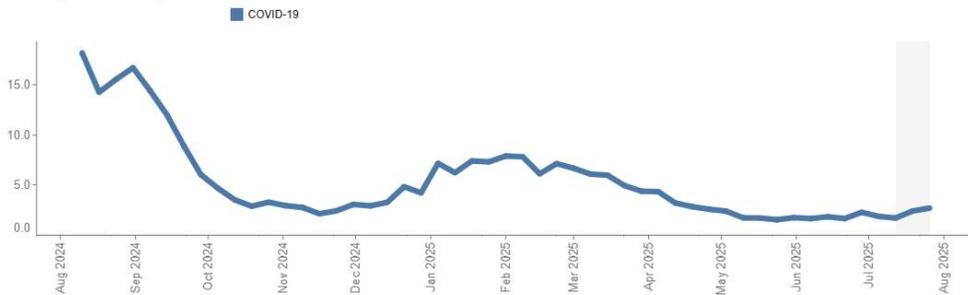


COVID-19

COVID-19 no longer reportable to PH.

COVID-19 Wastewater Monitoring

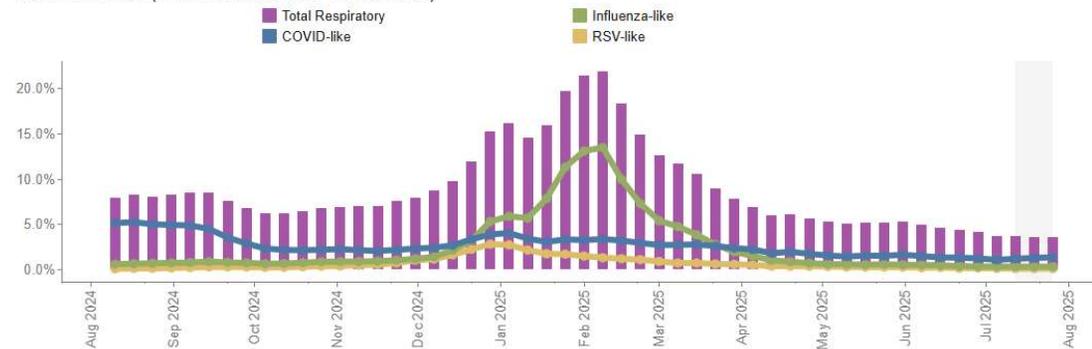
Latest Week: The wastewater viral activity level statewide is 2.7 which is **Low** for COVID-19. *Wastewater viral activity levels may indicate the risk of infection in an area.*



Updated Every Wednesday by approximately 12:00 p.m.
Last updated July 30, 2025

Emergency Department Visits for Respiratory Viruses

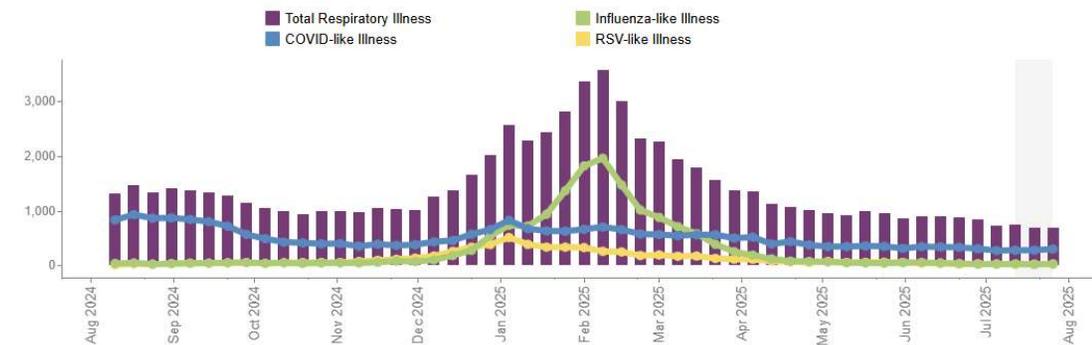
Latest Week: **3.6%** of emergency room visits had symptoms of a respiratory virus, **no change** from the week before. (The week before was 3.6%.)



Percentage of North Carolina emergency department visits with symptoms or a diagnosis of a respiratory virus. [More info](#)

Hospital Admissions from the Emergency Department

Latest week: There were **698 hospital admissions** from the emergency department for people who were diagnosed with or had symptoms of a respiratory virus. This includes, but is not limited to, Influenza, RSV or COVID-19. This is **an increase** from the week before. (The week before was 692 hospital admissions from the emergency department)



Protect Ourselves - Spread the Word, Not the Flu



Get A Flu
Vaccine
Each
Season



Avoid
Contact
With
Others
When Ill



Wash
Hands
and/or
Use Hand
Sanitizer
Often



Practice
Respiratory
Etiquette
by Covering
Coughs &
Sneezes



ONLOW
NORTH CAROLINA